



Let the Budget Begin!



Welcome to your beginners guide to having a great budget. This budget was designed to help get you started on your journey to having a money mindset. A "money mindset" does not mean you think of money all the time, nor does it mean you are striving to be rich, however, it just means that you are making smart decisions based on your money. Let's get started!

5 Easy Steps to Budgeting

- Gather all your sources of income.
- Calculate your income.
- Gather your expenses (fixed* and variable**)
- Subtract your total expenses from your total income.
- Examine what you have left. (If nothing unexpectant happened that month put that amount in savings.)

*Fixed income is expenses that do not change from month to month, for example : rent, car note, etc.

** Variable income is expenses that change each month, for example: gas, food, clothing, etc.

Important Things to Remember!

So what if I have a negative balance for the month?

You need to make some changes! Look at your expenses and think about things that you can go without.

Make that adjustment for the following Month! Remember do not focus on the amount your saving, do not compare yourself to others.

This is your journey! You are building good spending habits!





	Month:	January 			
Goal:					
Income			Exp	enses	
1	ses from your		otal \$		
January	Challenge	som	ething in a	savings. D use you are	en, but try to put on't focus on the e just creating a ing Money!
Now that you hav challenge yourself to e				Savings	

you don't need at the moment.





Month: Februa	ary
Goal:	
Income	Expenses
1	1
February Challenge If you have taken off an aypongs from lest	Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money!
If you have taken off an expense from last month's challenge, try to add an	Savings

unexpectant expense. If the unexpectant doesn't happen, put it in savings!





Month: March	
Goal:	
Income	Expenses
1	1
March Challenge If you have taken off an expense from last	Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money!
If you have taken off an expense from last month's challenge, try to add an unexpectant expense. If the unexpectant	Savings

doesn't happen, put it in savings!





Month: April	
Goal:	
Income	Expenses
1	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11.
Total Expenses \$ Total Left \$	Total \$
April Challenge Don't buy anything new that you don't	Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money!
absolutely need. Start building discipline! Put your money in savings!	Savings





Month: May	
Goal:	
Income	Expenses
1	1
to early, especially, if you're planning to	Savings

mind your goals!





Martha Iwa	
Month: June	
Goal:	
Income	Expenses
1.	1.
2	2.
3	3
4·	4.
6.	5.
Total \$	6. 7.
	8.
Subtract your expenses from your	9.
income. Total left goes into savings!	10.
Total Income \$	
Total Expenses \$	11.
	12.
Total Left \$	Total \$
June Challenge	Unexpected things happen, but try to put
	something in savings. Don't focus on the amount because you are just creating a
Access your progress! You should have less	positive habit. Saving Money!
expenses. If you are seeing a change, keep up the good work! If not, take this time to	Savings
see what you need to change and do it!	ф





Month: July	
Goal:	
Income	Expenses
1	1
July Challenge Plan a vacation with your budget in mind.	Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money!
If you are not ready for that, treat yourself to something nice. Don't go overboard!!	Savings





Month: August	
Goal:	
Income	Expenses
1	1
Did you take a vacay or get yourself something nice. Great! Now let's get back to it!	positive habit. Saving Money! Savings





Month	: September	
Goal:		
Income		Expenses
1. 2. 3. 4. 5. 6. Total \$ Subtract your expenses from income. Total left goes into sa Total Income \$ Total Expenses \$ Total Left \$		al \$
September Challe Congrats you have been bud	someth amount	ected things happen, but try to put hing in savings. Don't focus on the nt because you are just creating a ositive habit. Saving Money!
months. You didn't give u	_	Savings

December!





Month: Octo	ber
Goal:	
Income	Expenses
1	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. Total \$ Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money!
people who are the most important to you. You owe it to yourself to save money! Stay	. Savings

focused on your goal!





Month: Novem	iber
Goal:	
Income	Expenses
1	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.
Total Left \$	Total \$
November Challenge Plack Evidey Manthell Dan't get conviced	Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money!
Black Friday Month!!! Don't get carried away. Challenge yourself to spend only what you planned. No more than that!	Savings





Month: Decem	ber
Goal:	
Income	Expenses
1	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
Total Expenses \$ Total Left \$	11. 12. Total \$
Congrats, you made it! One whole year of budgeting! Share this with a friend and challenge yourself to do it again next year!	Unexpected things happen, but try to put something in savings. Don't focus on the amount because you are just creating a positive habit. Saving Money! Savings